

Lauren Kalina Cavanagh

www.laurencavanagh.com



Voice Acting Details

- Character Age Ranges: 4-45
- Accents: British, New York (Jewish), Southern, Boston
- Character voices, Celebrity impersonations
- Voice Descriptions: Warm, Friendly, Engaging, Youthful
- Voice Part (singing): Mezzo-Soprano

Training, Education, and Special Skills

- Voiceover Coaching: Brian McKeever (Boston, MA); Lori Alan (Los Angeles, CA), Kim Handysides (CAN), Lisa Biggs (Charlotte, NC), J. Michael Collins (EUR), Debra Sperling (NYC)
- Intro to Voiceover: Voiceover Intensive (Boston, MA)
- Beginner Commercial Class: VoiceTrax West – Susan Palyo (Los Angeles, CA)
- Improv Training: Center for Creative Arts – Ed Reggi (St. Louis, MO)
- Standup Comedy Class: Improv Boston – Dan Crohn (Boston, MA)
- Singing Lessons: 2002-Present. Various Teachers. Current: Powers Music School - Greta Feeney (Boston, MA)
- Comprehensive Classical Pilates Teacher Certification – The Pilates Center (Boulder, CO)
- ACE Fitness Certified Personal Trainer
- Dr. Sears Wellness institute Master Certified Health Coach

Home Studio Details

- Austin, Texas-based
- StudioBricks Professional home recording studio booth
- Microphone: RODE NT1, Audio Interface: RODE A1
- Live Directed Sessions: SourceConnect Standard (username: lauren_cavanagh_vo), SourceConnect Now, Zoom, Skype, phone patch.

Sample of Recent Voiceover Experience/Clients

- Unitel Voice – Telephony – Ongoing since September 2020
- Jewish Federation of Greater Detroit – Web and Event Videos (Narration) – Ongoing since October 2020
- Brave the Shave – Fundraising Web Video (Narration) – October 2020
- Mack Weldon - Holiday 2020 Ad (Commercial) – December 2020
- Literati – Holiday 2020 Ad (Commercial) – December 2020
- SELF Magazine Online– Lung Cancer Myth Vs. Fact Video (Narration) – December 2020
- Pearson – Connections Academy Web Content (Narration) – Ongoing since January 2021
- Topps Candy – Finders Keepers (Commercial) – January 2021
- Monday Night Meyhu – Animated Series Pilot (Animation/Character) – January 2021
- Wayfair – Website Product Videos (Commercial/ Narration) – Ongoing since February 2021
- Inno-versity – Educational Modules (E-Learning) – Ongoing since March 2021
- Renaissance Learning – Accelerated Reader Quiz (Kids E-learning) ongoing since May 2021
- Children’s Podcast Pilot – Laughing Historically (Character) – July 2021
- Blackbaud Fundraising Software – Explainer Video (Narration) - July 2021
- Houghton Mifflin Harcourt – Math App (Character) – August 2021
- Innovation Leadership Group – Explainers for Teen Entrepreneurship (Narration) – Ongoing since Sept. 2021
- ACE Fitness – Brand Video and Ads (Commercial) – October 2021

Recent Theater Experience

Theater

The Love of Three Oranges

The Vagina Monologues

The Music Man

One Act Play: A Coupla White Chicks...

One Act Play: Evening of Beckett

One Act Play: Words, Words, Words

Truffaldina

My Vagina Was a Village

Pick a Little Lady

Hannah Mae

Flo

Kafka

Forbidden Planet Productions

George Washington University

Ladue Horton Watkins

14th Grade Players

GWU Theater Department

COCA Theater Company

Musical Revues and Performances

Nunrackers "All I Want For Christmas"

South Pacific "I'm Gonna Wash that Man..."

Oklahoma "I Cain't Say No!"

Sister Robert Anne

Company

Ado Annie

Songbird Music

Forbidden Planet Productions

GWU Department of Music

Directing Experience

The Normal Heart (Staged Reading)

Revue: Avenue Q "The Internet is for Porn"

George Washington University

Forbidden Planet Productions